

Restorative Nursing Assistant Training

A Continuing Education Course for Certified Nursing Assistants
Working in Long Term Care

2009 RNA Training Schedule

LOCATION: Galesburg, Illinois

(Directions to conference site will be mailed with registration confirmation)

PRESENTED BY:



Course Overview:

This one-day workshop is designed to provide **Certified Nursing Assistants (CNAs)** with the knowledge and skills they will need to be an effective member of the **Restorative Nursing Team** at your facility. This course, instructed by experienced therapy professionals, combines lecture, open discussion, “hands-on” demonstrations and return demonstrations. A **Restorative Nursing Assistant Training Certificate** will be awarded at the conclusion of the day that will provide proof of competency for your personnel record.

What to Bring? Bring a gait belt, if you have one. Dress casual with a sweater or jacket for your comfort. Lunch is provided.

Course Content/Objectives: Participants will be able to understand, demonstrate and verbalize:

- The role of the Certified Nursing Assistant in providing restorative care to the nursing facility resident
- The benefits of restorative nursing services
- Competency in performing/documenting active & passive range-of-motion
- Competency in use of exercise equipment, prosthetics, amputation care, splints, braces and other orthotics

- Appropriate bed mobility, transfer and ambulation techniques
- The role of the restorative nursing assistant in dressing, grooming, and eating/swallowing in the restorative nursing program
- Appropriate communications techniques
- Concepts and processes for bladder training and scheduled toileting
- “Hands-On” demonstrations – learn the correct way to assist the resident

Agenda:

7:30-8:00 am	Registration (Coffee & Juice)
8:00-10:00 am	Introduction to Restorative Care Communications
10:00-10:15 am	Break
10:15-12:30 pm	Bladder Retraining & Toileting Terminology & Abbreviations Joint Sequence of Motion Range of Motion (ROM) Ambulation Use of Assisted Devices
12:30-1:00 pm	Lunch Provided On-Site
1:30-3:00 pm	Transfer Training Safety Precautions Lift Techniques Positioning Effects of Bed Rest Bed Mobility
3:00-3:15 pm	Break
3:15-4:15 pm	Orthotics (splints & braces) Amputation, Prosthetics Dressing, Grooming Eating, Swallowing
4:15-4:30 pm	Q&A, Post-Test, Evaluation, Certificates

Training Fee(s) - Payable by Check, Money Order or Credit Card. All cancellations must be submitted in writing and received 14 days or more prior to course date. No refunds will be given for cancellation less than 14 days prior to the course; however, an alternate attendee may be substituted. Cancellation requests received 14 days or more prior to the seminar will be subject to a \$50 administrative fee. There is a \$35 fee for all returned ‘non-sufficient funds’ checks. AZER Seminars reserves the right to change a training date, location, substitute or add instructors if needed.

Registration Form – Restorative Nursing Assistant Training

Copy as needed for multiple registrations

Name _____ Name _____ Name _____ Facility _____ Address _____ City/State/Zip _____ Daytime Phone (____) _____ Fax (____) _____ Contact Person _____ E-Mail _____ Telephone _____	<p style="text-align: center;"><u>TRAINING FEES</u></p> ____ Individual - \$120 / Person ____ Group Discount \$110 / Person (Group is 3 or more registrations from same facility) <p style="text-align: center;"><u>CHECK THE DATE</u></p> ____ Thurs, Feb 19, 2009 ____ Thurs, May 7, 2009 ____ Thurs, Aug 13, 2009 ____ Thurs, Nov 5, 2009
<p>Fax / Mail Registration to: Azer Seminars 872 West Dayton Street Galesburg, IL 61401 Fax: 309-344-5040</p> <p>* This is NOT the Training Site address!</p>	<ul style="list-style-type: none"> • Directions to conference site will be mailed with the confirmation • <u>Questions?</u> Call Roxanna or Julie T at (800) 677-2406 or (309) 344-3400

PLEASE PRINT NEATLY

We are pleased to accept (Check one): _____ Master Card _____ Visa
_____ Discover

Account # _____ Exp: _____ Mo _____ Yr

Access Code (3 digits required, located on back of card) _____

Address of Card Holder: _____

City _____ State _____ Zip _____

Card Holder Signature X _____

Date _____

ACCOMMODATIONS:

Best Western Prairie Inn: Closest to seminar location
Corporate Rate Available – Carrie Burnett, Contact
Call: (309) 343-7151; Address: 300 S. Soangetaha Rd. Galesburg, IL 61401

Country Inn & Suites: North side of town – 15 minutes from seminar location
Call: (309) 344-4444; Address: 2284 Promenade Court, Galesburg, IL. 61401

Comfort Inn: North side of town – 15 minutes from seminar location
Call: (309) 344-5445; Address: 907 W. Carl Sandburg Drive, Galesburg, IL

Fairfield Inn: North side of town – 15 minutes from seminar location
Call: (309) 344-1911; Address: 901 W. Carl Sandburg Drive, Galesburg, IL

PRESENTERS:

Lashaun Kness, PTA, has been with Azer Rehab Systems, P.C. for 3 years. She is a Licensed Physical Therapy Assistant providing home care and long term care rehab services. Her expertise includes inpatient, outpatient, skilled care and long-term geriatric rehab services. She has extensive experience and knowledge in nursing home settings that she references throughout the RNA Training to benefit the CNAs that attend.

Roger Reno, PRA, has been a Physical Rehab Assistant with Azer Rehab Systems, P.C. for 23 years. He has extensive experience in providing education to CNAs, PRAs and ORAs in the classroom and clinical settings regarding rehab techniques, ambulation and transfer techniques, as well as proper ergonomics to avoid personal injury while on the job.

Azer Rehab Systems, P.C., founded by F.W. Azer, PT, has provided rehab services to Galesburg and the surrounding communities since 1982. Besides being experienced in home health and long-term care, Azer Rehab Systems also specializes in outpatient sports medicine, industrial rehab, orthopedic and neurological rehab, women's health treatment, and offers an on-site custom brace shop. **This course is presented by AZER Seminars, a division of Azer Rehab Systems, P.C.**

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