

AZER Seminars

2008

TRAINING OVERVIEW

This one-day training is designed to provide **Certified Nursing Assistants (CNAs)** with the knowledge and skills they will need to be an effective member of the Restorative Nursing Team at your facility. This course, instructed by experienced therapy professionals, combines lecture, open discussion, hands-on demonstrations and return demonstrations. Each CNA will receive a Certificate of Attendance at the end of the day that will provide proof of their Restorative Nursing Assistant competency for their personnel record.

RNA

Restorative Nursing Assistant Training Schedule Galesburg, IL

PRESENTERS

LASHAUN KNESS, PTA, has 10 years experience as a Licensed Physical Therapist Assistant providing home health and long-term care facility rehab services. Her expertise includes inpatient, outpatient, skilled care and long-term geriatric rehab services. She has extensive experience and knowledge in nursing home settings that she references throughout the RNA Training to benefit the CNAs that attend. Lashaun has been with Azer Rehab Systems for 4 Years.

ROGER RENO, PRA, has been a Physical Rehab Assistant with Azer Rehab Systems, P.C. for 23 years. He has extensive experience in providing education to CNAs, PRAs and ORAs in the classroom and clinical settings regarding rehab techniques, ambulation and transfer techniques, as well as proper ergonomics to avoid personal injury while on the job.



A Continuing Education Course for
Certified Nursing Assistants (CNAs)
in Long-Term Care Facilities



Azer Rehab Systems, P.C., founded by **F.W. Azer, PT**, has provided rehab services to Galesburg and the surrounding communities since 1982. Besides being experienced in home health and long-term care, Azer Rehab Systems, P.C. also specializes in outpatient sports medicine, industrial rehab, orthopedic and neurological rehab, women's health treatment and offers an on-site custom brace shop. This RNA training is presented by AZER Seminars, a Division of Azer Rehab Systems, P.C.

A Division of Azer Rehab Systems, P.C.
**872 W. DAYTON STREET
GALESBURG, IL 61401**



Restorative Nursing Assistant Training

COURSE CONTENT & OBJECTIVES

- The role of the CNA in providing restorative care to the nursing facility resident
- The benefits of restorative nursing services
- Competency in performing and documenting Active & Passive Range of Motion (ROM)
- Competency in use of exercise equipment, prosthetics, amputation care, splints, braces & other orthotics
- Appropriate bed mobility, transfer and ambulation techniques with and without assistive devices.
- The role of the RNA in dressing, grooming, eating and swallowing in the restorative nursing program
- Appropriate communication techniques to use when dealing with the resident
- Concepts and processes for bladder training and scheduled toileting
- “Hands-On” demonstrations - learn the correct way to assist the resident
- **A Certificate of Attendance for the RNA Training will be awarded by Azer Seminars at the conclusion of the training.**



AGENDA

- | | |
|---------------|---|
| 7:30 - 8:00 | REGISTRATION
Coffee & Juice |
| 8:00 - 10:00 | Introduction to RNA
Communications |
| 10:00 - 10:15 | BREAK |
| 10:15 - 12:30 | Bladder Retraining & Toileting
Terminology & Abbreviations
Joint Sequence of Motion
Range of Motion (ROM)
Ambulation
Use of Assisted Devices |
| 12:30 - 1:00 | * LUNCH PROVIDED |
| 1:00 - 3:00 | Transfer Training
Safety Precautions
Lift Techniques
Positioning
Effects of Bed-Rest
Bed Mobility |
| 3:00 - 3:15 | BREAK |
| 3:15 - 4:15 | Orthotics (Splints & Braces)
Amputation & Prosthetics
Dressing & Grooming
Eating & Swallowing |
| 4:15 - 4:30 | Q & A, Post-Test, Evaluations
& Attendance Certificates |

What to bring to the RNA Training?

- Gait Belt (if you have one)
- Casual dress to participate in hands-on demonstration sessions.
- Sweater or jacket for your comfort!



REGISTRATION
Mail Registrations together for Group Discounts



TRAINING FEES

1. NAME _____

2. NAME _____

3. NAME _____

4. NAME _____

FACILITY _____

ADDRESS _____

CITY/STATE/ZIP _____

TELEPHONE: _____

FAX: _____

CONTACT NAME: (If different than above)

_____ INDIVIDUAL - \$120 *

_____ GROUP DISCOUNT - \$110 each *
(3 or more registrations from same facility)

* LUNCH INCLUDED

CHECK THE DATE THAT APPLIES

_____ March 13, 2008 - Galesburg, Illinois

_____ June 10, 2008 - Galesburg, Illinois

_____ September 18, 2008 - Galesburg, Illinois


**Fax or Mail Registration, Credit Card
Information, Check or Money Order to:**

Azer Seminars

872 W. Dayton St., Galesburg, IL 61401

Fax: (309) 344-3401

LOCATION: Galesburg, IL - Just off Interstate 74
Between Peoria, IL & The Quad Cities
Directions will be sent with confirmation



CALL: 309-344-3400 or 800-677-2406
EMAIL: azerseminars@azerclinic.com

CHECK ONE: _____ MASTERCARD

_____ VISA _____ DISCOVER

ACCOUNT #: _____

EXP. DATE: MONTH: _____ YEAR: _____

ACCESS CODE: _____

(3 Digits/Back of Card Required)

**Training Fee is payable by Check,
Money Order or Credit Card**

All cancellations must be submitted in writing and received 14 business days or more prior to course date. No refunds will be given for cancellation less than 14 business days prior to the courses, however, an alternate attendee may be substituted. Cancellation requests received 14 business days or more prior to the seminar will be subject to a \$25 administrative fee. There is a \$35 fee for all returned "non-sufficient funds" checks.

**Azer Seminars reserves the right to change a
training date, location, substitute or add instructors.**

ADDRESS OF CARD HOLDER:

STREET: _____

CITY & STATE: _____

ZIP CODE: _____

X _____

(CARD HOLDER SIGNATURE & DATE)